

100 (Mizmor
l'todah)
Make a joyful
shout unto Hashem, all ye
lands.

|2| Serve Hashem with
simchah; come before His
presence with joyful singing.
|3| Know ye that Hashem He
is Elohim; it is He that hath
made us, and not we
ourselves, His people, the tzon
of His pasture.
|4| Enter into His she'arim
(gates) with todah, and into
His khatzerot (courts) with
tehillah; be thankful unto
Him, and bless Shmo.
|5| For Hashem is good; His
chesed is l'olam; and His
emunah (faithfulness)
endureth dor vador.

101 (Of Dovid.
Mizmor)
I will sing of
chesed and mishpat; unto
Thee, Hashem, will I sing.
|2| I will study the derech
tamim. O when wilt Thou
come unto me? I will walk
within my bais with tam levav.
|3| I will set no devar
beliyya'al before mine eyes; I
hate the work of them that fall
away; it shall not cleave to me.
|4| A lev ikkesh (perverse
heart) shall be far from me; I
will not tolerate rah.
|5| The one who slandereth
ba'seter (in secret) his
neighbor, him will I destroy;
him that hath haughty
einayim (eyes) and a proud
levav will I not endure.
|6| Mine eyes shall be upon
the ne'emenei eretz (faithful of
the land), that they may dwell
with me; he that walketh in a
derech tamim, he shall
minister to me.
|7| He that worketh remiyyah
(deceit) shall not dwell within
my bais; he that speaketh
shekarim (falsehoods, lies)
shall not continue in my
presence.

|8| In the bokerim I will
destroy all rishei eretz (wicked
ones of the land); that I may
cut off all doers of evil from
the Ir Hashem.

102 (A tefillah of
one afflicted;
when he is
faint, he pours out his si'akh
[complaint] before Hashem)
Hear my tefillah, Hashem,
and let my cry for help come
unto Thee.

|2(3)| Hide not Thy face from
me in the yom tzar (day of
distress); incline Thine ear
unto me; in the yom when I
call, answer me speedily.

|3(4)| For my yamim are
consumed like ashan (smoke),
and my atzmot burn like a
furnace.

|4(5)| My lev is struck, and
withered like esev; so that I
forget to eat my lechem.

|5(6)| By reason of the voice
of my groaning my atzmot
have deveykus to my basar.

|6(7)| I am like a bird of the
midbar; I am like an owl of
the desert.

|7(8)| I keep watch, and am
like a tzippor (bird) alone
upon the gag (housetop, roof).

|8(9)| Mine oyevim (enemies)
reproach me kol hayom; and
they that revile me curse by
me.

|9(10)| For I have eaten ashes
like lechem, and mingled my
drink with tears.

|10(11)| Because of Thine
za'am (indignation) and Thy
ketsef (wrath, anger); for Thou
hast lifted me up, and cast me
down.

|11(12)| My days are like a
tsel (shadow) that lengtheneth;
and I am withered like esev
(grass).

|12(13)| But Thou, Hashem,
shall endure l'olam; and Thy
memory unto dor vador.

|13(14)| Thou shalt arise, and
have mercy upon Tziyon; for
the time to favor her, the

mo'ed (set time, appointed
time) has come.

|14(15)| For Thy avadim
cherish her avanim (stones),
and pity her aphaar.

|15(16)| So the Goyim shall
fear the Shem Hashem, and
all the melachim of ha'aretz
will revere Thy glory.

|16(17)| When Hashem shall
build up Tziyon, He shall
appear in His Kavod.

|17(18)| He will regard the
tefillah of the destitute, and
not despise their tefillah.

|18(19)| This shall be written
for a dor acharon (future
generation); and the people
which shall be created shall
praise Hashem.

|19(20)| For He hath looked
down from the height of His
Kodesh; from Shomayim did
Hashem behold Eretz;

|20(21)| To hear the groaning
of the asir (prisoner); to
release those that are bnei
temutah (men [appointed to]
death);

|21(22)| To declare the Shem
Hashem in Tziyon, and His
tehillah (praise) in
Yerushalayim;

|22(23)| When the peoples are
gathered together in assembly,
and the mamlachot
(kingdoms), to serve Hashem.

|23(24)| He bowed down my
ko'ach in the derech; He cut
short my yamim.

|24(25)| I said, O my G-d, take
me not away in the midst of
my yamim; Thy years are dor
dorim (throughout all
generations).

|25(26)| Of old hast Thou laid
the foundation of ha'aretz;
and Shomayim is the ma'aseh
(work) of Thy hands.

|26(27)| They shall perish,
but Thou shalt remain; and
all of them shall wear out like
a beged (garment); like a
vesture shalt Thou change
them, and they shall be
changed;