

enemies: Thou anointest my head with shemen (olive oil); my kos runneth over.

[6] Surely tov and chesed shall follow me kol y'mei chaiyyai (all the days of my life); and I will dwell in the Bais Hashem l'orech yamim (for length of days, whole life long, forever).

24 (Mizmor of Dovid) Ha'aretz is Hashem's, and the fullness thereof; the tevel (world), and they that dwell therein.

[2] For He hath founded it upon the yamim (seas), and established it upon the waters.

[3] Who shall ascend the Har Hashem? Or who shall stand in His Makom Kodesh?

[4] He that hath clean hands, and a bar levav (pure heart); who hath not lifted up his nefesh unto shahv (vanity), nor sworn l'mirmah (deceitfully).

[5] He shall receive the berakhah (blessing) from Hashem, and tzedakah from Elohei Yisho (the G-d of his Salvation).

[6] This is the generation of them that seek Him, that seek Thy face, O Ya'akov. Selah.

[7] Lift up your heads, O ye she'arim; and be ye lifted up, ye Pitchei Olam (everlasting doorways); and Melech HaKavod shall come in.

[8] Who is this Melech HaKavod? Hashem strong and mighty, Hashem Gibbor Milchamah.

[9] Lift up your heads, O ye she'arim; even lift them up, ye Pitchei Olam; and Melech HaKavod shall come in.

[10] Who is this Melech HaKavod? Hashem Tzva'os, He is Melech HaKavod. Selah.

25 (Of Dovid) [Aleph] Unto Thee, Hashem, do I lift

up my nefesh.

[2][Bais] O Elohai, I trust in Thee: let me not be ashamed, let not mine oyevim triumph over me.

[3][Gimel] Yea, let none that wait [*hoping in*] Thee be ashamed; let them be ashamed which transgress without cause.

[4][Dalet] Show me Thy ways, Hashem; teach me Thy paths.

[5][Heh Vav] Lead me in Thy emes, and teach me; for Thou art the Elohei of my Salvation; on Thee do I wait kol hayom.

[6][Zayin] Remember, Hashem, Thy rachamim and Thy lovingkindnesses; for they have ever been of old.

[7][Chet] Remember not the chattot of my youth, nor my peysa'im; according to Thy chesed remember Thou me for the sake of Thy goodness, Hashem.

[8][Tet] Tov and yashar is Hashem; therefore will He teach chatta'im in the Derech.

[9][Yod] The meek will He guide in mishpat; and the aniyim will He teach His way.

[10][Kaph] All the paths of Hashem are chesed and emes unto such as keep His Brit (covenant) and His Edot (covenant demands, urgings, reminders, testimonies).

[11][Lamed] For the sake of Thy Shem, Hashem, pardon mine iniquity; for it is great. [12][Mem] What man is he that feareth Hashem? Him shall He teach in the Derech that he shall choose.

[13][Nun] His nefesh (soul) shall dwell in prosperity; and his zera shall inherit the earth.

[14][Samech] The secret of Hashem is with them that fear Him; and He will show them His Brit (covenant).

[15][Ayin] Mine eyes are ever toward Hashem; for He shall

pluck my feet out of the reshet (net).

[16][Peh] Turn Thee unto me, and be gracious unto me; for I am yachid (alone, lonely) and afflicted.

[17][Tzade] The tzoros of my lev are multiplied; O bring Thou me forth out of my distresses.

[18][Resh] Look upon mine affliction and my pain; and take away all my chattot.

[19] Resh] Look upon mine enemies; for they are increased; and they hate me with sinas chamas.

[20] Shin] Be shomer over my nefesh, and deliver me; let me not be ashamed; for I take refuge in Thee.

[21][Tav] Let tohm (integrity, guilelessness) and uprightness preserve me; for I wait on Thee.

[22] Redeem Yisroel, O Elohim, out of all his tzoros.

26 (Of Dovid) Vindicate me, Hashem; for I have walked in mine tohm (guilelessness); I have trusted also in Hashem without wavering.

[2] Examine me, Hashem, and prove me; try my heart and my mind.

[3] For Thy chesed is before mine eyes; and I have walked in Thy emes.

[4] I do not sit with metei-shav (men of vanity), neither will I go in with dissemblers.

[5] I have hated the kehal mere'im (congregation of evil doers); and will not sit with the resha'im.

[6] I will wash mine hands in nikkayon (innocency, cleanness, freedom from punishment); so will I encompass Thine Mizbe'ach, Hashem;

[7] That I may publish with the voice of todah, and tell of all Thy wondrous works.