Then Yonah davened unto Hashem Elohay from out of the dag's belly.

And he davened unto Hashem, saying, I pray Thee, Hashem, was not this my saying, when I was yet in my country? Therefore I was quick to flee unto Tarshish before; for I had da'as that Thou art an EL CHANNUN V'RACHUM ERECH APAYIM V'RAV CHESED and relentest Thee of the ra'ah. [SHEMOT 34:6]

I beseech Thee, my nefesh from me; for it is better for me to die than to live. [4] Then said Hashem, Doest thou well to be angry?

So Yonah went out of the city, and sat on the east side of the city, and there made him a sukka, and sat under it in the shadow, till he might see what would happen to the city.

And Hashem Elohim prepared a climbing gourd, and made it to come up over his ketanim. [6] For word came unto HaMelech of Nineveh, and he arose from his kisse, and he cried out and proclaimed a tzom, and put on sackcloth, from their gedolim even to their ketanim.

Then Yonah davened unto HaDag (The Fish), and it vomited out Yonah upon the yabashah (dry land).

And the Devar Hashem came unto Yonah the second time, saying,

Arise, go unto Nineveh, that ir hagedolah, and preach unto it the preaching that I give thee. [2] So Yonah arose, and went unto Nineveh, according to the Devar Hashem. Now Nineveh was an exceeding ir gedolah of a journey of shloshet yamim. [3]

And Yonah began to enter into the city one day's journey, and he cried out and preached, and said, Yet arba'im yamim (40 days), and Nineveh shall be overthrown. [4]

And the people of Nineveh had emunah in Elohim, and proclaimed a tzom, and put on sackcloth, from their gedolim to their ketanim. [5]

Therefore now, Hashem, take, I beseech Thee, my nefesh from me; for it is better for me to die than to live. [6] Then said Hashem, Doest thou well to be angry?

So Yonah went out of the city, and sat on the east side of the city, and there made him a sukka, and sat under it in the shadow, till he might see what would happen to the city.

And Hashem Elohim prepared a climbing gourd, and made it to come up over Yonah, that it might be a tzel (shade) over his rosh, to deliver him from his displeasure. So Yonah had simchah gedolah about the climbing gourd. [7]

But it displeased Yonah with a ra'ah gedolah, and he was very angry. [8] And he davened unto Hashem, and said, I pray Thee, Hashem, was not this my saying, when I was yet in my country? Therefore I was quick to flee unto Tarshish before; for I had da'as that Thou art an EL CHANNUN V'RACHUM ERECH APAYIM V'RAV CHESED and relentest Thee of the ra'ah. [SHEMOT 34:6]

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And Hashem Elohim prepared a climbing gourd, and made it to come up over Yonah, that it might be a tzel (shade) over his rosh, to deliver him from his displeasure. So Yonah had simchah gedolah about the climbing gourd. [7] But HaElohim prepared a tola'at (worm) when the shachar (dawn) came the next day, and it chewed the climbing gourd that it withered.

And it came to pass, when the shemesh did arise, that Elohim prepared a vehement scorching east ruach (wind); and the shemesh beat upon the rosh Yonah, that he grew faint, and wanted to T.N. Moshiach is the Navi like Moshe, the Navi like Yonah, whom Mavet swallows and then vomits up so that he can divide the spoil with those whose chet he bears away to death like the Yom Kippur scapegoat (see Isa 53:12).